This is how I feel.....

- I'm OK
- tired
- nauseated
- frustrated
- worried
- mad
- I hurt somewhere
- please blow my nose
- I want ice chips
- swab
- eat
- drink
- headache
- mouth
- tongue
- sore throat
- stiff neck
- too hot
- arm
- elbow
- hand
- knee
- feet
- too cold
- bottom ache
- breathing trouble
- gas pains
- backache
- side
- heart problem

Courtesy of www.speakingofspeech.com