

interrupting

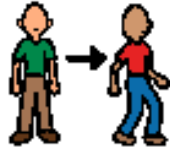


Interrupting

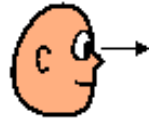
decide



1) Decide if you need to



2) Walk to the person



3) Look at the person

wait a minute



4) Wait

with a quiet voice

quiet



excuse me



5) Say "excuse me"



6) Tell the person what you wanted to say



6) I feel happy and proud when I make good choices while interrupting