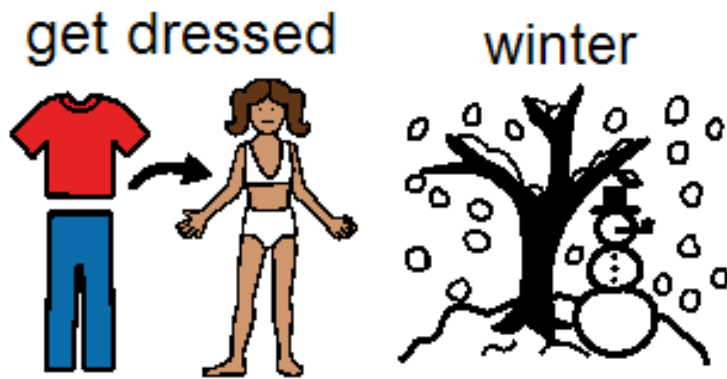
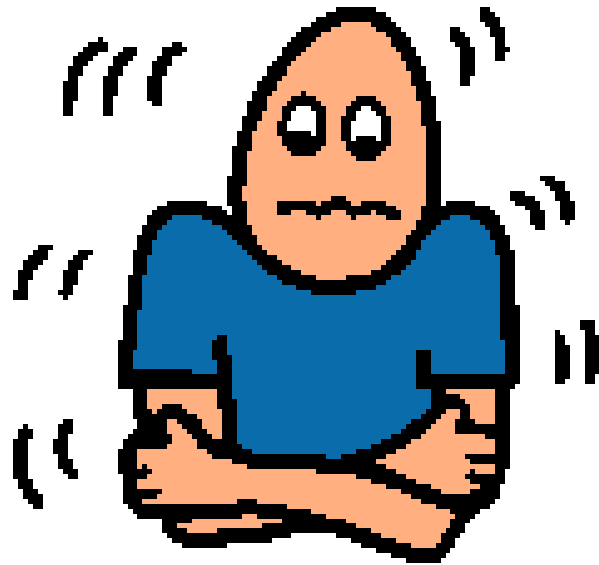


Getting dressed in the winter can be fun.



By: Kara Rakowski, MA, CCC-SLP

cold



In the winter it is cold outside.

snow pants



coat & gloves

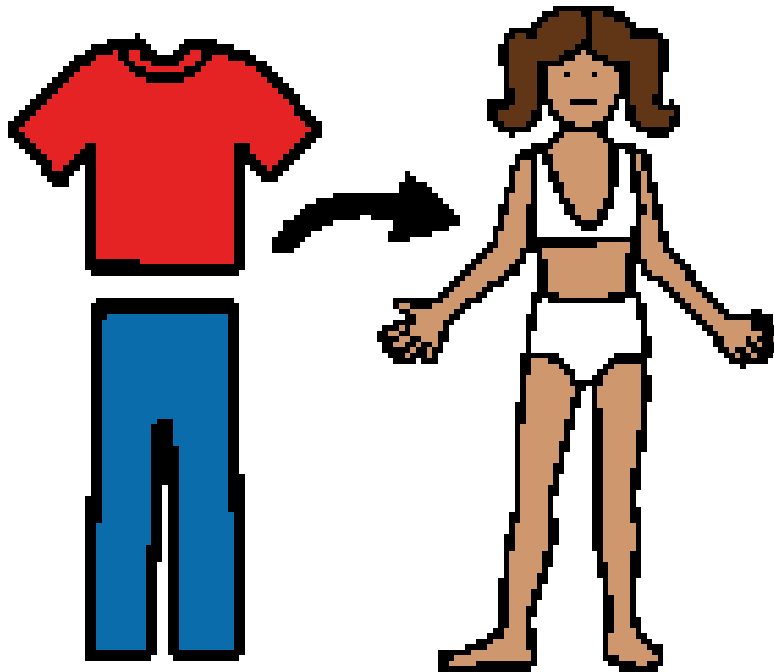


hat



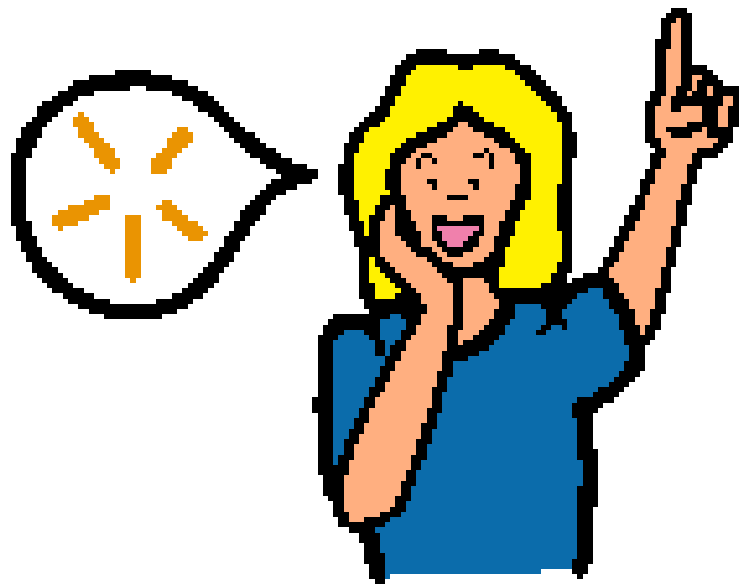
When it is cold outside I have to wear a lot of clothes to stay warm.

get dressed



Because I have to wear a lot of clothes to stay warm I have to work hard at getting dressed.

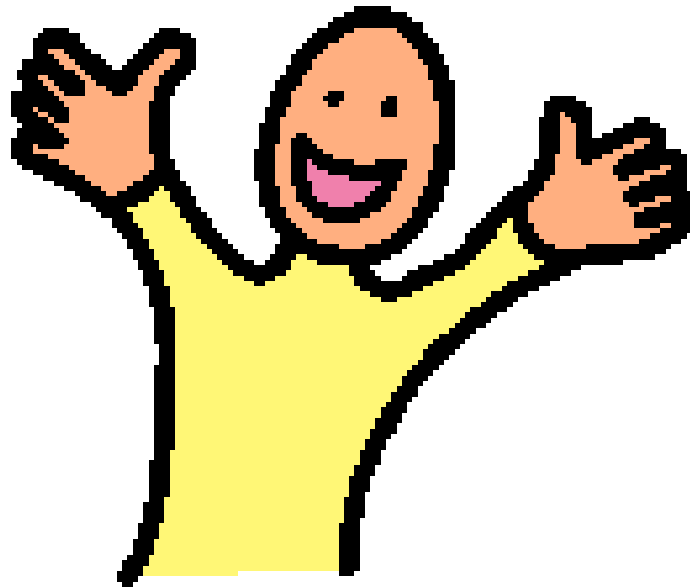
I can do it



Sometimes I don't want to work so hard getting dressed. I just want someone to do it for me.

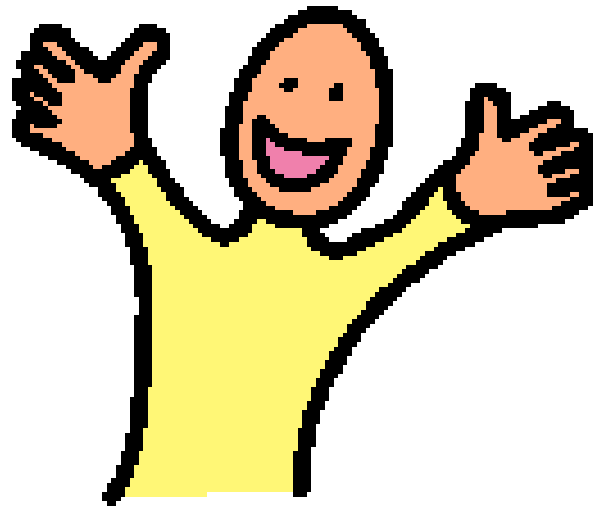
But I know it is important to do my job. I can do my job and get dressed all by myself.

I can do it



I can put on all my outside winter clothes to go to school. Then I can take them off when I am at school.

I can do it



I can put on all my outside winter clothes when I get ready to play on the playground or when it is time to leave school.

snow pants



I can put on my snow pants.

snow boots



I can put on my boots.

coat



I can put on my coat.

hat



I can put on my hat.

mittens



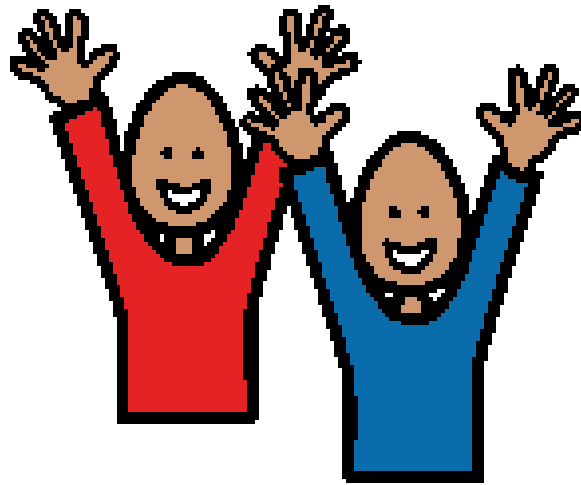
I can put on my mittens.

backpack



I can grab my backpack.

yeah!

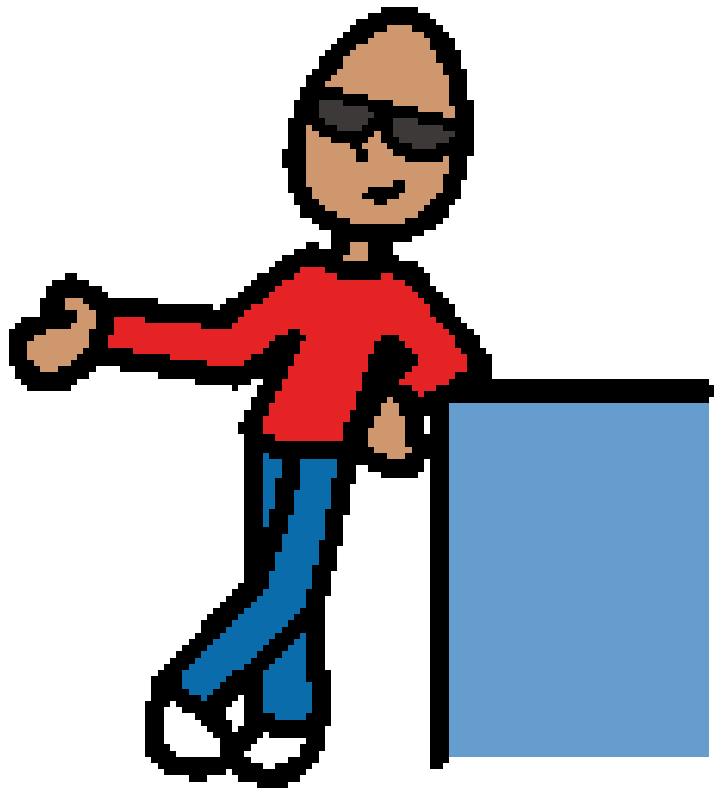


special activity



When I put on all my outside winter clothes and get dressed there may be time for me to celebrate with a song, a game, or a special activity.

cool



It is cool to get put on all my outside winter clothes all by myself.